



## MENTAL HEALTH AWARENESS WORKSHOP

7<sup>th</sup> March, Thursday

Venue: Auditorium, New Rizvi Educational Complex

Time: 10:00 AM – 12:00 Noon

Balance of  
Emotional Health

Balance of  
Spiritual Health



Balance of  
Physical Health

Consultation  
Session

### Resourse Persons

Dr. Deepti Mankad  
Professional Development Trainer,  
MINDSPEAK, Mumbai



Registration Link:

<https://www.townscript.com/e/international-women-day-2019-103222>

Event Details: [www.bed.rizvi.edu.in](http://www.bed.rizvi.edu.in)

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