



## WELLNESS AND NUTRITION WORKSHOP

5<sup>th</sup> March, Tuesday

Venue: Auditorium, New Rizvi Educational Complex

Time: 10:00 AM – 12:00 noon

Customised  
Diet Plans

Body Fat  
Scanning

Cancer Do's  
and Don't

Plate Up a  
Healthy Meal



### Resource Persons

Dr. Trupti Barchha and Dr. Hemal Barchha

Medical Practitioners and Wellness Experts

Kurves and Smiles Clinic, Mumbai.

Registration Link:

<https://www.townscript.com/e/international-women-day-2019-103222>

Event Details: [www.bed.rizvi.edu.in](http://www.bed.rizvi.edu.in)

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